

DERMATOLOGY RESIDENCY PROGRAM

2023-2024 Academic Year

4th Year Residents

Class of 2024



Guy Charest, DO

Medical Education: Burrell College of Osteopathic Medicine

Dr. Charest joined HonorHealth Dermatology as a resident physician in July 2021. He previously completed a preliminary year in Internal Medicine at HonorHealth Thompson Peak Hospital in Scottsdale, Arizona where he earned the Preliminary Intern of the Year award. He earned his undergraduate degree from Texas A&M in Biology. After working in various Dermatology practices in Texas, he moved to New Mexico to earn his medical degree at Burrell College of Osteopathic Medicine at New Mexico State University, graduating in 2020

with the Dean's Award. He will complete his dermatology training at HonorHealth Dermatology in 2024. Dr. Charest enjoys spending time watching football, playing golf and working on his family's ranch in his free time



Ariel Darnall, DO

Medical Education: Midwestern University College of Osteopathic Medicine

Dr. Darnall joined HonorHealth Dermatology Residency as a resident physician in July of 2021 after completing an Internal Medicine internship at HonorHealth. She earned her undergraduate degree from Drexel University in Philadelphia Pennsylvania in Biological Sciences with a concentration in medical humanities. She then went on to pursue a medical degree at Midwestern University/Arizona College of Osteopathic Medicine, where she graduated in 2020. She will complete her dermatology training at HonorHealth

Dermatology in 2024. Professional memberships include American Academy of Dermatology, American Society for Dermatologic Surgery, American Medical Association, American Medical Women's Association, American Osteopathic Association, and Sigma Sigma Phi Honor Medical Society.

3rd Year Residents

Class of 2025



Aditi Chandra, DO

Medical Education: Midwestern University College of Osteopathic Medicine

Dr. Chandra joined the HonorHealth Dermatology Program as a resident in July 2022. She was born in North Carolina and raised in Northern California. She completed her undergraduate studies in Molecular Biology at the Claremont Colleges in Pomona, CA and went on to become a research assistant at the National Institute of Health where she completed a Post-Baccalaureate program. She earned her medical degree at Midwestern University/Arizona College of Osteopathic Medicine, graduating in 2021 and completed an Internal Medicine Internship at HonorHealth in Scottsdale, AZ thereafter. Dr. Chandra has a passion for medical and surgical dermatology and looks forward to practicing Dermatology in Arizona. Outside of work, Dr. Chandra enjoys hiking, skiing, and cooking.



Neil Vigil, MD

Medical Education: University of Arizona College of Medicine - Phoenix

Dr. Vigil joined the HonorHealth Dermatology Residency Program as a resident physician in July of 2022 after completing an Internal Medicine internship with HonorHealth in Scottsdale, AZ. He earned his undergraduate degree from the United States Military Academy at West Point, NY. Prior to attending medical school, Dr. Vigil had a distinguished career in the United States Army having served as a medic, Blackhawk helicopter pilot, and Aviation Officer. He is an experienced leader and Operation Enduring Freedom veteran. He was named a National Pat Tillman Scholar in 2018 and graduated from the University of Arizona College of Medicine – Phoenix in 2021. His clinical interests include cutaneous oncology, surgical dermatology, medical dermatology, and Veteran health. In his free time, he enjoys spending time with his family, traveling and cooking.

2nd Year Residents

Class of 2026



Benjamin Buttars, DO

Medical Education: Alabama College of Osteopathic Medicine, in Dothan, Alabama

Dr. Buttars joined the HonorHealth Dermatology Program as a resident physician in July 2023 after completing an Internal Medicine internship with HonorHealth in Scottsdale, AZ.

Clinical Interest: Mohs Surgery and a recent interest in Dermatopathology

Why HonorHealth? I chose HonorHealth because it felt like “home” during my rotation. The administrators, attendings, and residents all were positive, uplifting individuals that I felt I had known for years. This is a program that wants its residents to be successful and happy. For me, I knew I had to come here.

Fun Facts/Hobbies: When I’m not wrangling with my two little boys, I love anything to do with water, whether liquid or solid. I grew up water skiing, wakeboarding, snowboarding, surfing, and recently took up kiteboarding in the Gulf Coast. I also love the outdoors and enjoying camping, fishing, and hunting.



Parth Patel, DO

Medical Education: Lake Erie College of Osteopathic Medicine in Erie Pennsylvania

Dr. Patel joined the HonorHealth Dermatology Program as a resident physician in July 2023 after completing an Internal Medicine internship with HonorHealth in Scottsdale, AZ.

Clinical Interests: Field of dermatology, particularly drawn to the complex medical cases that are unique to dermatology and the surgical aspects of dermatology.

Why HonorHealth? I rotated through HonorHealth as a medical student, and many things stood out to me as a perfect fit as the residency program for me. I think the environment that they foster to assist the residents to grow and become the best physicians that they can, resonated the most with me. The relationship I observed between the residents and their colleagues, other residents, and attending physicians, was very strong as well. Lastly, I wanted to choose a program that best prepared me to practice medicine at the highest level when I am finished with my training and the confidence and preparedness of the chief residents here emulated that.

Fun Facts/Hobbies: When I am not working, my interests include working out at the gym, going on runs, surfing, snowboarding, hiking, live music, and traveling. I am passionate about enjoying nature, I think that the world is an unbelievable place with so much to offer. Being able to be active and go see what the world has to offer, in any capacity, is what I love. Whether that be going to see different countries, going on hikes, going to the beach, or playing sports outside, I love it all.