

# Care At Home

#### Welcome to HonorHealth Home Health

Being cared for at home is often the most comfortable place to maintain and restore your health or the health of a loved one. Home care can also minimize the effects of illness or disability. With HonorHealth's Home Health Services, you can choose from several in-home care options. Your care will follow your physician's orders and your care plan. Services include:

## **Nursing services**

- Intravenous and enteral therapy.
- Catheter, ostomy and wound management.
- Diabetic care management and teaching.

#### Physical therapy services

- Gait and transfer training.
- Therapeutic and home exercise programs.
- Home safety service and fall prevention.
- Balance training.
- Cardiology-pulmonology rehabilitation.

- Assessment and teaching.
- Cardiopulmonary.
- General assessment and teaching.
- Post-surgical rehabilitation.
- Injury and chronic illness rehabilitation.
- Neurology therapy.
- Parkinson's therapy.









### Speech therapy services

- Alternate communication methods.
- Voice and speech retraining.
- Language restoration.
- Esophageal speech training.
- Cognitive retraining.
- Oral/facial exercises.
- Swallowing disorder/treatment.

#### Occupational therapy services

- Perceptual motor training using the body and brain together.
- Splinting.
- Equipment adaptation.

- Self-care activity training.
- Muscle retraining.
- Energy conservation.

#### Medical social worker services

• Community resource planning and referral assistance.

# Certified nursing assistant services

 Personal care assistance and bathing.

For more information or to schedule an appointment, please call **480-882-4222** or visit **HonorHealth.com/homehealth.** 

