

HonorHealth Orthopaedic Physical Therapy Residency Program

Didactic lectures and lab

1. Subjective Examination.
2. Clinical Reasoning/Evidence-Based Practice.
3. Medical and Vestibular Screening.
4. Pelvic Girdle.
5. Lumbar Spine #1 (manual therapy).
6. Lumbar Spine #2 (Movement System Impairment).
7. Thoracic Spine and Ribs.
8. Cervical Spine #1 (upper).
9. Cervical Spine #2 (lower).
10. Cervical Spine #3 (Movement System Impairment).
11. Practice Lab (spine).
12. Temporomandibular Joint (lecture and lab).
13. Hip.
14. Knee.
15. Ankle.
16. Foot/Gait Analysis.
17. Practice Lab (lower extremity).
18. Shoulder #1 (manual).
19. Shoulder # 2 (Movement System Impairment).
20. Elbow/Wrist/Hand #1.
21. Elbow/Wrist/Hand #2.
22. Pain Science.
23. Regenerative Rehabilitation.
24. Case Studies and Practice Lab (upper extremity).

Independent study courses through orthopaedic section of American Physical Therapy Association

- ISC 14.2 — Frontiers in Orthopaedic Science.
- ISC 15.2 — Postoperative Management of Orthopaedic Surgeries.
- ISC 16.1 — Pharmacology.
- ISC 21.2 — Current Concepts of Orthopaedic Physical Therapy, 3rd Edition.
- ISC 17.1 — Diagnostic Imaging in Physical Therapy.
- Research and Evidence-Based Practice.