

DERMATOLOGY RESIDENCY PROGRAM

2021-2022 Academic Year

4th Year Residents

Class of 2022



Lydia Shedlofsky, DO

Medical Education: Lake Erie College of Osteopathic Medicine

Dr. Shedlofsky joined HonorHealth Dermatology Residency Program in July of 2019 after completing a traditional rotating internship at Larkin Community Hospital in Miami, Florida. She is a native of Lexington, Kentucky but completed her undergraduate degree in Biology at Guilford College in Greensboro, North Carolina. After graduation she moved to Beira, Mozambique and worked as a research assistant and intern at a free clinic. She completed a Post-Baccalaureate program and subsequently earned a

Masters in Medical Education and her Doctorate of Osteopathic Medicine from the Lake Erie College of Osteopathic Medicine.

She is excited to join the Arizona community, and is slowly acclimating to the heat.



Brigitte Sledge, DO

Medical Education: Texas College of Osteopathic Medicine

Dr. Sledge began her residency training with the HonorHealth Dermatology Residency Program in July 2019. She received her bachelor of science degree in Biology from Southwestern University in Georgetown, TX. She then spent one year at UNT Health Science Center earning a master's of medical science degree before completing medical school at Texas College of Osteopathic Medicine in Fort Worth, TX. Dr. Sledge then trained at Sky Ridge Medical Center in Lone Tree, Colorado where she completed her

medical internship.

In addition to caring for patients, Dr. Sledge likes to play sports including softball as well as play with her French Bulldog Coco.

3rd Year Residents

Class of 2023



David Baltazar, DO

Medical Education: Western University of Health Science

Dr. Baltazar joined the HonorHealth Dermatology Program as a resident in July of 2020 after completing a Preliminary Medicine Internship with HonorHealth in Scottsdale, AZ. He earned his undergraduate degree from University of the Pacific in Stockton, CA. Afterwards he completed his Doctorate in Physical Therapy from University of the Pacific and worked as a Physical Therapist for 7 years. After deciding to pursue medicine, he completed his medical degree at Western University of Health Sciences in

Lebanon, OR, where he graduated with honors in May of 2019.

Dr. Baltazar enjoys spending time with his family, cooking, and Brazilian jiu-jitsu.



Michael McBride, DO

Medical Education: Ohio University Heritage College of Osteopathic Medicine

Dr. McBride began his residency with the HonorHealth Dermatology Residency Program in 2020. He was born and raised in Cleveland, Ohio and completed his Bachelor of Science degree in Biology from The Ohio State University. He went on to receive his Doctorate of Osteopathic Medical Degree from Ohio University. He finished his medical internship at Riverside Methodist Hospital in Columbus, Ohio. Dr. McBride chose dermatology to

interact with a variety of patient ages, treat a vast array of complex medical diseases, and perform many different procedures.

In his free time, he enjoys running, golfing, and staying active.

2th Year Residents

Class of 2024



Guy Charest, DO

Medical Education: Burrell College of Osteopathic Medicine

Guy Charest joined the HonorHealth Dermatology Residency Program as a resident physician in July of 2021 after completing a preliminary year in Internal Medicine at HonorHealth Thompson Peak Hospital in Scottsdale, Arizona. He earned his undergraduate degree from Texas A&M University in Biology. After working in various Dermatology practices in Texas, he moved to New Mexico to earn his medical degree at Burrell College of Osteopathic Medicine at New Mexico State University, graduating in 2020 with the Dean's

Award. He will complete his dermatology training at Affiliated Dermatology in 2024.

Dr. Charest enjoys spending time watching football, playing golf and working on his family's ranch in his free time.



Ariell Darnall, DO

Medical Education: Midwestern University College of Osteopathic Medicine

Dr. Ariel Darnall joined the HonorHealth Dermatology Residency Program as a resident physician in July of 2021 after completing an Internal Medicine internship at HonorHealth. She earned her undergraduate degree from Drexel University in Philadelphia Pennsylvania in Biological Sciences with a concentration in medical humanities. She then went on to pursue a medical degree at Midwestern University/Arizona College of Osteopathic Medicine, where she graduated in 2020. She will complete her dermatology training at

Affiliated Dermatology in 2024. Professional memberships include American Academy of Dermatology, American Medical Association, American Medical Women's Association, American Osteopathic Association, and Sigma Sigma Phi Honor Medical Society.