

# INTERNAL MEDICINE RESIDENCY PROGRAM

## RESIDENTS

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### Class of 2025



#### **Marwah Ahmad, DO**

**Medical School:** Idaho College of Osteopathic Medicine

**Clinical Interests:** I am currently interested in pursuing a career as a hospitalist. I am passionate about enhancing and promoting medical education and would like to see myself playing a role in an academic setting.

**Why HonorHealth?** I was drawn to HonorHealth because of their class size, emphasis on medical education, commitment to resident wellness, and overall friendliness during the interview process.

**Fun facts/hobbies:** My hobbies include reading poetry and attempting to write some (but don't ask me to read anything I write out loud). I enjoy bike riding and hiking, but my passion is drinking iced coffee.



#### **Samier Deen, DO**

**Medical School:** Arizona College of Osteopathic Medicine of Midwestern University

**Clinical Interest:** Cardiology or hospitalist medicine in an academic setting.

**Why HonorHealth?** Having completed a sub-internship at Thompson Peak, I was immediately drawn to a system that values collaboration, education, and community so highly. The small class size and superb faculty were other compelling reasons that made choosing this program an easy choice. In addition, having lived in the North Scottsdale area for many years with plans to serve others in my home community long-term, I felt it was an honor to be a part of a system that would enable me to achieve my goals.

**Hobbies/Interests:** In my free time, I value spending time with my wife and family, weightlifting, and home improvement projects.



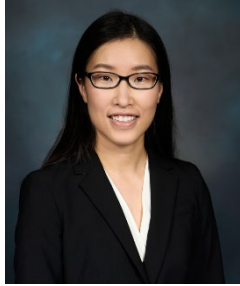
#### **Paul Gilbert, MD**

**Medical School:** Loma Linda University School of Medicine

**Clinical Interest:** I am interested in point of care ultrasound, and its ability to improve patient care while remaining affordable.

**Why HonorHealth:** Attending a residency which fostered a positive learning environment was particularly important for me. HonorHealth's emphasis on resident support, wellness, and mentorship made me feel confident in choosing to come here for training.

**Fun facts/hobbies:** I enjoy large scale projects which challenge me and broaden my skill set. My favorite project was restoring an old Corvette! I also enjoy having the opportunity to connect with people from all walks of life and learn from their unique perspectives.



**Julie Lee, DO**

**Medical School:** A.T. Still University - School of Osteopathic Medicine in Arizona

**Why HonorHealth?** The supportive environment, emphasis on growth, and the kind faculty, staff, and residents stood out to me the most about HonorHealth.

**Hobbies/Interests:** Running, bike riding, and yoga



**Simmi Singh, MD**

**Medical School:** Howard University College of Medicine.

**Clinical interests:** Quality improvement, preventive medicine, and oncology.

**Fun facts/hobbies:** I enjoy spending time with my husband, hiking, and yoga. HonorHealth stood out as a cultivating program with a robust academic curriculum and tight-knit group of nurturing faculty and residents.



**Alexa Viniotis, DO**

**Medical School:** Western University of Health Sciences College of Osteopathic Medicine of the Pacific Northwest.

**Clinical Interest:** Include primary care, hematology, immunology, and rheumatology.

**Why HonorHealth?** I chose the program because of the supportive community where faculty and co-residents value my professional and personal goals.

**Fun fact/hobbies:** In my spare time, I enjoy vacationing with my family, walking my dog, singing, ballet, and cooking. On occasion, I consult Amazon Echo "Alexa" for advice.

**CLASS OF 2024**



**Elaine Murad, DO**

**Medical School:** Burrell College of Osteopathic Medicine at New Mexico State University

**Clinical interest:** It is my goal to eventually pursue a fellowship in hematology/oncology.

**Why HonorHealth?** HonorHealth has had an impact on my life on a personal and professional level. Having grown up in the Scottsdale area, my family and I have trusted the HonorHealth healthcare system as patients ourselves over the years. HonorHealth also fostered my initial interest in pursuing medicine as a high school student volunteer when Thompson Peak Medical Center first opened in 2007 and later as a medical scribe at Deer Valley following my undergraduate studies. These firsthand experiences with the physicians in the HonorHealth network have genuinely led me to believe that they are some of the best healthcare providers in our state, and I am looking forward to training and learning from them while serving the community I call home.

**Fun facts/hobbies:** In my free time, I cherish spending time with my husband and family, hiking with friends, long-distance running, and attempting new recipes in the kitchen.

## Class of 2026



### Jacob (Jake) Harris, MD

**Medical School:** University of Utah

**Clinical Interests:** Hematology/Oncology

**Why HonorHealth?** Was attracted to HonorHealth by its small size, passionate faculty, and family in the area. I also had a great interview experience that left a very good impression on me.

**Fun facts/hobbies:** I enjoy playing pickleball and tennis, hiking, gardening, playing the piano and cello, and reading. I'm passionate about having good conversations with good people. I was attracted to HonorHealth by its small size, passionate faculty, and family in the area. I also had a great interview experience that left a very good impression on me.



### Bradley Poindexter, DO

**Medical School:** Burrell College of Osteopathic Medicine Las Cruces, NM

**Clinical Interest:** I chose internal medicine because I plan on working as a hospitalist. I enjoy the inpatient atmosphere and workflow and as a hospitalist, I will be able to care for many types of patients with a wide range of pathologies. I am also interested in clinical informatics; especially as it relates to improving clinical workflows and improving patient outcomes.

**Why HonorHealth?** I did a sub-internship here as a fourth-year medical student and was impressed with the quality of the residents and attending physicians. I found the "vibe" of the program to be incredibly focused towards professional learning and development without sacrificing a positive environment.

**Hobbies and Interests:** Watching professional basketball, especially the Phoenix Suns! I also enjoy cooking, doing Pokémon puzzles, and playing tennis with my wife.

**Passion:** One of my most important passions in life is working towards a growth mindset, especially as it relates to being a lifelong learner, both in my professional and personal life.



### Lorna Rapaich, MD

**Medical School:** University of Arizona College of Medicine- Phoenix

**Clinical Interests:** My interests include hospital medicine, POCUS, and pulmonary/critical care.

**Why HonorHealth?** In addition to being a top-ranked teaching hospital, I was drawn to the program's class size, diverse patient population, and its emphasis on resident wellness.

**Hobbies/Interests:** In my spare time, I enjoy spending time with my family, watching true crime documentaries, and learning how to cook all my mother's old recipes.



## Michael Son, DO

**Medical School:** Marian University College of Osteopathic Medicine

**Clinical Interests:** I want to pursue Hospitalist medicine, but have current interests in fellowships for geriatrics, hospice & palliative, or critical care. Overall, I want to keep an open mind for fellowships.

**Why HonorHealth?** I was drawn to HonorHealth for its focus on resident teaching and well-being. All the residents, faculty, and staff were friendly and passionate about what they do and made sure that you felt well-supported. They highly focus on developing you into a highly competent and confident physician with growth

mindsets.

**Hobbies/ Interests:** I recently have been really into tennis and rock climbing. Otherwise, I follow football (college and professional), casually play video games, tinker with PCs and electronics, and traveling to other countries.

**Passion:** I don't have any one specific passion aside from wanting to provide the highest level of care for my patients and maintaining strong camaraderie with my team. I am an avid traveler and hope that I can volunteer and provide medical care in areas of the world that need it.



## Alexandra (Ally) Winski, DO

**Medical School:** A. T. Still University - Kirksville College of Osteopathic Medicine in Kirksville, Missouri.

**Clinical Interest:** Ally has been passionate about becoming a physician since she was a little kid when her and her twin brother would take turns acting as either the physician or the patient. She feels so fortunate that their dream has become a reality as both her and her brother will be completing their residencies in their home state of Arizona.

**Why HonorHealth?** As a former patient in this hospital system, HonorHealth was Ally's top choice when applying for residency. Being able to have the opportunity to provide the same great care to her patients that she once received is truly an honor.

**Fun facts/hobbies:** After residency, Ally is still deciding on whether she wants to work as a hospitalist or complete a fellowship - possibly in critical care. In her free time, she enjoys hiking, ice skating, boating, cooking, photography and spending time with her family, friends, and pets.



## Boris Yushuvayev, DO

**Medical School:** Burrell College of Osteopathic Medicine

**Clinical Interest:** Cardiology, Hospitalist Medicine

**Why HonorHealth?** I chose this program because of the warm community presence, strong mentorship opportunities and emphasis on growth mindset for both professional and personal values.

**Hobbies/Interests:** In my free time I enjoy playing basketball, working out, exploring nature, and traveling to new destinations.

## Class of 2027



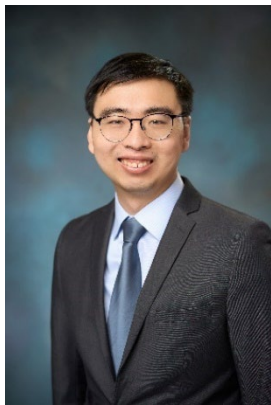
### **Carson Bridgers, DO**

**Medical School:** Midwestern University – Glendale, AZ

I received my undergraduate degree in biomedical engineering from ASU, and prior to medical school I worked as a quality/regulatory engineer for a company that manufactured medical devices and as an EMT. I attended medical school at Midwestern University in Glendale.

I pursued internal medicine as it allows me to manage and learn about a large breadth and depth of presentations and I can use that to better serve my communities' health needs. I'm primarily interested in hospital medicine and I'm unsure if I will specialize in the future.

In my free time I play in an (almost) weekly Dungeons and Dragons game that I've been a part of for about 6 years, go swing dancing, and spend time with my friends. What stood out to me about HonorHealth was the positive and collaborative culture that facilitates resident learning and improved patient care.



### **Bryan Fong, MD**

**Medical School:** University of Queensland (Ochsner)

I graduated from Grand Canyon University here in Phoenix before going into medical school at the University of Queensland (Ochsner). I spent the first two years in Brisbane, Australia and finished my clinical years in New Orleans, Louisiana.

My clinical interests are in Gastroenterology and global health.

My family and I have had a wonderful experience as patients in the HonorHealth system and after my interview with Dr. Sall I could see that this extended to the residency program as well. I enjoyed the equal emphasis on resident welfare and education that this program provides.

I love looking up random new food places to explore! I also enjoy hiking during my free time and cooking.





## Shreya Narain, DO

**Medical School:** Nova Southeastern University Kiran Patel College of Osteopathic Medicine

I lived in Arizona until the age of 17, when I moved to LA for college. After graduating from UCLA with a degree in Neuroscience and finishing med school at NSU-KPCOM, I'm now back in Arizona for residency and ecstatic to start this new chapter at Honor Health.

My interview at this program left an excellent impression on me. I was drawn to HonorHealth because of its focus on resident teaching, emphasis on resident wellness, and warm community presence. Everyone seemed very happy to be in this program while training to become highly competent and confident physicians. I am currently interested in pursuing hospitalist medicine, but am also open-minded to fellowships in gastroenterology, critical care, or rheumatology.

In my free time, I enjoy traveling, sketching, Bollywood dancing, venturing out with family and friends to find the best new cafe or food spot, and mentoring those from my alma mater who are on the same path in medicine.



## Anne Schmidt, DO

**Medical School:** Midwestern University Arizona College of Osteopathic Medicine

After residency, I hope to be a hospitalist in the Phoenix-Scottsdale area. I also have a special kinship with the geriatric population, and I have been considering inpatient geriatrics.

HonorHealth was my first choice. During my fourth year, I completed a sub-internship with HonorHealth and several other programs in the Valley. Over time, I realized that HonorHealth was the place where I grew the most as a clinician. I was given the perfect amount of independence to allow me to grow and be challenged while also being supported each day. While on sub-internship, it was easy to see why HonorHealth is so well known for its "growth mindset." And the people are so amazing! They immediately made me feel at home.

I was born at HonorHealth Scottsdale Shea! I am also an avid musician. I love singing ancient music, especially Renaissance-era polyphony, and Gregorian Chant. I also enjoy cooking, embroidery, swimming, reading (especially Jane Austen novels!), and hosting get-togethers with family and friends.



## Taryn Wigington, DO

**Medical School:** A.T. Still University in Kirksville, Missouri

Born and raised in rural Arizona, I embarked on my academic journey at Northern Arizona University in the charming city of Flagstaff. It was during this time that my desire to become a physician grew, eventually leading me to A.T. Still University in Kirksville, Missouri.

As I completed my clinical rotations, I found myself drawn to hospitalist work, enjoying the array of conditions encountered daily. While I maintain an open mind about pursuing fellowship opportunities, I hope to continue developing my skills in medical education throughout residency.

Outside of medicine, I find joy in hiking with my dogs, or exploring new restaurants. I am passionate about animal welfare and hope to open an animal sanctuary one day.

I was drawn to HonorHealth because of its blend of intimate program size and expansive opportunities, offering the perfect environment to cultivate my aspirations while serving the community that has always been close to my heart.



## Giovanni Zlaket, MD

**Undergraduate school:** Lehigh University

**Medical School:** University of Queensland (Ochsner)

I am currently interested in hospitalist medicine. I am also passionate about cardiovascular diseases and arrhythmias and am looking into potentially pursuing a fellowship in cardiology.

**Hobbies/Interests/passion:** I enjoy spending time with my family, cooking Middle Eastern cuisine, and practicing archery. In my free time, I like to watch movies and sports such as mixed martial arts.

I was drawn to HonorHealth because of its small residency size, which allows for a personalized and feedback-driven experience. My interview with the program confirmed that I would be surrounded by a supportive team that has my best interests in mind.

## Preliminary – PGY-1

### Class of 2027



#### **Kian Bagheri, DO (Physical Medicine & Rehabilitation)**

**Undergraduate School:** Pomona College

**Medical School:** Campbell University School of Osteopathic Medicine

My interests are broad but currently I have a passion for sports medicine, pain management, Ortho biologics, general rehabilitation, and telehealth.

In my free time I love staying active. Whether that is working out at the gym, going on a hike, or playing pickleball with friends, I prioritize being outdoors as much as I can. I also enjoy trying new places to eat as well as spending time with my partner and two cats.

I grew up playing soccer and was fortunate to be able to play in college and beyond.

I am a huge fan of anything related to the sport, especially watching the Premier League as well as European soccer.

I chose HonorHealth because of the excellent clinical training as well as the focus on resident wellness. The fact that it is the only PM&R program in Arizona ensures ample opportunities for learning and growth. I'd also be lying if I didn't say I was excited about the sunny weather year-round!



#### **Rebecca Leibowitz, MD (Dermatology)**

**Undergraduate School:** Yale University

**Medical School:** Emory University School of Medicine

My clinical interests are in complex medical dermatology, cutaneous oncology, and cutaneous manifestations of infectious diseases.

If you cannot find me in the hospital, you will most likely find me on a hiking trail, tennis court, cycling greenway, or on a yoga mat! I love the outdoors (while wearing sunscreen and UV-protective clothing!) and being immersed in nature with my partner, family, and friends.

I am driven by serving marginalized communities with a lack of access to care. I feel that it is my life's calling to support and advocate for such groups.

HonorHealth stands out as a stellar place for residency training as the program leadership are laser-focused on resident education and wellness. I am confident that I will be well-supported in residency at HonorHealth, and it does not hurt that the program is in one of the most beautiful settings in North America. It is my personal goal to explore every hiking trail in the Scottsdale area before I complete my training!





**William (Billy) O'Neill, MD (Physical Medicine & Rehabilitation)**

**Medical School:** University of Cincinnati College of Medicine

I have a variety of clinical interests within the field of PM&R including pediatric rehabilitation, sports medicine, and pain management.

As the only PM&R residency in the state of Arizona, I was excited to join the HonorHealth community and train in a program that serves one of the largest metro areas in the US. Small resident class size, the ability to train in locations all over the PHX area, and the opportunity to explore a new part of the country were all appealing to me.

I enjoy almost all outdoors hobbies, cooking meals to share with family and friends, homebrewing what I'll grade as C+ beer, and supporting my favorite professional soccer team, Arsenal FC.



**Name: Brianna Peacock, MD (Dermatology)**

**Medical School:** Texas A&M University School of Engineering Medicine

I will join the Dermatology Residency Program in July 2025. I earned my bachelor's degree from the University of Nevada, Reno in chemical engineering with a biomedical emphasis. After working as an emergency medicine scribe for a year, I went on to earn my medical degree and master's degree in engineering from the School of Engineering Medicine (EnMed) at Texas A&M University.

I was drawn to dermatology by the variety of clinical conditions, treatment options, the broad patient population, and the opportunities to establish long-lasting patient relationships. My clinical interests include cutaneous oncology, surgical and medical dermatology, immunodermatology, dermatopathology and veteran health.

I chose HonorHealth for the positive and supportive environment, the small and close-knit community, the creative approach to resident education, and the location in beautiful Arizona. After completion my training, I will join the Veterans Health Administration as part of the VA Health Professions Scholarship Program. During my free time, I enjoy spending time with my family and dog, Clover, traveling, hiking, trying new foods, and baking.



**Jennifer Song, DO (Physical Medicine & Rehabilitation)**

**Undergraduate School:** California State University, Northridge

**Medical School:** Western University of Health Sciences

My clinical Interest are Spinal Cord Injury and Spasticity Management I was drawn to the close-knit community within the program, where both the residents and faculty seemed down-to-earth and friendly. I was also impressed with the program's commitment to making sure residents get great training without sacrificing their mental health and well-being.

During my free time I enjoy cafe hopping and finding the best cold brew (honorable mentions include Document Coffee Bar and Kumquat Coffee in Los Angeles), supporting my friends' improv and sketch comedy shows, obsessing over getting bangs but not getting them, bed rotting lol



## **Cara Wyant, DO (Physical Medicine & Rehabilitation)**

**Medical School:** Touro University Nevada College of Medicine

I attended Haverford College in Philadelphia, Pennsylvania and graduated with a fine arts degree. After working for Epic and then Cleveland Clinic Lerner Research institute, I attended Touro University Nevada College of Medicine.

My field of interest is quite wide. Clinical interests are sports medicine, interventional pain and palliative care.

Any spare time is spent hiking, indulging in horror/macabre movies and culture, exploring others' art/creating my own, relaxing with my pets, and casual video and board gaming.

HonorHealth stood out to me as a program as it puts an emphasis on wellness which fosters an environment where genuine people flourish. This, combined with the Phoenix metropolis, made it an ideal place to learn and grow into a career.