

## FAMILY MEDICINE RESIDENCY PROGRAM

### FACULTY

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**Cynthia L. Kegowicz, MD**  
**Program Director**

Dr. Kegowicz is a Board-Certified Family Physician who grew up in upstate New York and attended Georgetown University where she received a Bachelor Science degree in nursing and subsequently attended Georgetown University School of Medicine.

Dr. Kegowicz completed her Family Medicine residency training at HonorHealth as a Chief Resident, followed by a Faculty Development Fellowship at the University of Arizona. Dr. Kegowicz joined the residency faculty in 1999 and has remained committed to the program's excellence in education; as evidenced by her multiple teaching awards over the past two decades. She is an assistant professor of clinical family and community medicine at the University of Arizona College of Medicine-Phoenix and is an adjunct assistant professor for Midwestern University Arizona College of Osteopathic Medicine.

Dr. Kegowicz's passion for resident education and excellence in clinical care made her transition to Program Director in 2011 an easy one. She participates on multiple local and regional committees supporting education, healthcare disparities, and high-quality patient care. In November 2019, Dr. Kegowicz was named Associate Designated Institutional Official for HonorHealth. In this role, she assists with the oversight of new residency and fellowship programs at HonorHealth and the institutional clinical learning environment. Dr. Kegowicz is thrilled to be a leader in graduate medical education in the ever-changing healthcare and educational environments.

Dr. Kegowicz's clinical interests include women's health, adolescent medicine, pediatrics, and preventive care. She has established a loyal patient following over the past 29 years and still maintains an active clinical practice. Her husband, Alex Onofrei, MD, is also a graduate of the HonorHealth Family Medicine Residency Program. They are the proud parents of Megan, their adult daughter and Sadie and Maverick, their Labradors. Dr. Kegowicz's hobbies include cooking, trying new restaurants, shopping, and travel.



**Dmitry Bisk, MD**  
**Associate Program Director**

Dr. Bisk is a Board-Certified Family Physician who grew up in Walnut Creek, CA. He completed his undergraduate degree at California Polytechnic State University and received his medical degree from Ross University School of Medicine. After medical school, he moved to Arizona and completed his residency training with HonorHealth. During his time as a resident, he was elected Resident Association President. In his final year of training, he served as Chief Resident and was awarded Resident Teacher of the Year.

Following residency, Dr. Bisk joined the HonorHealth medical group where he practiced comprehensive outpatient medicine. Dr. Bisk transitioned into a full-time Associate Director role in 2017. His clinical interests include preventative care, chronic disease management, and informatics. In 2019, he completed a Faculty Development Fellowship through the University of Arizona. His scholarly activities in population health,

healthcare disparities, resident well-being, and medication assisted treatment for opioid use disorder has been accepted to numerous national conferences.

Dr. Bisk is married and has two daughters. He loves to spend time with his family and their multiple pets. He enjoys traveling, trying new restaurants, cooking, brewing espresso, and rooting for his hometown basketball team, the Golden State Warriors.



**Kara Combs, MD**  
**Associate Program Director**

Dr. Combs is a Board-Certified Family Physician who was born and raised in Indianapolis, Indiana. She completed her undergraduate degree in Human Biology at Indiana University, then earned her medical degree from Indiana University School of Medicine. After medical school, Dr. Combs moved to Arizona and completed her family medicine residency with HonorHealth where she served as Chief Resident.

After residency, Dr. Combs practiced comprehensive outpatient medicine and taught medical students at a local federally qualified healthcare center for nearly five years. Dr. Combs is passionate about providing excellent medical care to all populations.

In October 2023, Dr. Combs returned to HonorHealth as an Associate Director for the Family Medicine Residency Program. Her clinical interests include preventative medicine, obesity medicine, and clinical informatics.

In her free time, Dr. Combs loves to travel, spend time with family, her 2 kitties, and enjoys vegan food. She also loves hiking, reading, and knitting.



**Andrea Darby-Stewart, MD**  
**Associate Program Director**

Dr. Darby-Stewart completed her medical education at UCLA and her Family Medicine Residency training at Mayo Clinic Arizona. She has extensive experience in graduate medical education; having served several years as residency faculty and subsequently as a Family Medicine Program Director at both Mayo Clinic Arizona and Dignity Health in Phoenix, AZ. Dr. Darby-Stewart was previously an Associate Director of the Family Medicine Residency program at HonorHealth prior to her transition into the Program Director position at Dignity Health. Dr. Darby-Stewart returned to her position in 2014 after serving in medical administrative roles at Dignity Health and Banner Health system.

Dr. Darby-Stewart's clinical interests have evolved to include care for transgender youth and adults, facilitated group visits (Centering) for diabetes, clinical patient safety, and enhancing the patient experience and physician joy in practice.

In addition to her extensive graduate medical education experience, Dr. Darby-Stewart brings several other skills to her Associate Director position including population health management, scholarly activity, a regional/national presence with several healthcare organizations, and a true passion for medical education and excellence in patient care.

Dr. Darby-Stewart is married to her high school sweetheart, a retired Phoenix Firefighter, and has two college age sons. She is an avid hiker and reader and has a long-standing yoga and meditation practice.



**Ana Gonzales, MD**  
**Associate Program Director**

Dr. Gonzales is a Board-Certified Family Physician who is originally from Peru and moved to the United States at an early age where her family settled in Southern Arizona. Previously a Dreamer, she is also a first-generation college graduate, completing her degree from the University of Arizona with a Bachelor of Science in Molecular and Cellular Biology. She went on to receive her MD/MPH at the University of Arizona College of Medicine and subsequently completed her family medicine residency at the University of Arizona College of Medicine – Tucson Family Medicine Residency at South Campus. Following graduation, Dr. Gonzales remained as clinical faculty and the Medical Director for the University of Arizona Mobile Health Program.

Dr. Gonzales' clinical interests include care of the pregnant patient, maternal/child health, community medicine, care for underserved populations, social determinants of health, and diversity in healthcare. As a family medicine physician, she aims to provide comprehensive, holistic care for her patients and passionately works to reduce health care disparities for the patients and communities she serves.

Dr. Gonzales is married and has two girls, Isabella and Sophia. In her free time, Dr. Gonzales enjoys spending time with family, reading, yoga, and baking.



**Darlene Moyer, MD**  
**Associate Program Director**

Dr. Darlene Moyer graduated from Lycoming College with a Bachelor of Science degree in biology and attended George Washington University School of Medicine. She completed both her Family Medicine residency at HonorHealth and a Faculty Development fellowship at the University of Arizona in 2008.

During her early career Dr. Moyer spent three years working as a hospitalist at HonorHealth while also teaching for the Family Medicine Residency program in both the inpatient and outpatient settings. Dr. Moyer became a full-time Associate Director in 2011 and subsequently completed the Society of Teachers of Family Medicine Emerging Leaders Fellowship.

Dr. Moyer's clinical interests include Geriatrics, chronic disease management, hospital-based medicine, and medical simulation training. Dr. Moyer serves as the physician chair for the HonorHealth Faculty Development Committee and the co-chair of the HonorHealth Network Simulation Committee. Dr. Moyer formally completed her Geriatric Medicine fellowship at HonorHealth in 2024. She is actively building a long-term care program, which will incorporate teaching both residents and fellows in this setting. She is also collaborating with the trauma teams to improve care delivered to our geriatric patients.

In her free time Dr. Moyer enjoys spending time with her husband, two daughters, and two dogs. Her hobbies include hiking, traveling, reading, painting, and spending time outdoors.



**Melissa Reed, MD**  
**Associate Program Director**

Dr. Reed grew up on a ranch in Wyoming and pursued a career in social work before discovering her passion for medicine during a hospital based medical social work job. She attended The University of Arizona College of Medicine – Phoenix where she fell in love with each specialty in which she rotated and knew Family Medicine was the best fit due to her broad interests and passion for connecting with patients through continuity of care. She completed her residency training at the UCHHealth Family Medicine Residency Program in Fort Collins, Colorado and is board certified in Family Medicine.

Dr. Reed is interested in full scope Family Medicine including obstetrics and hospital medicine. She is also passionate about medical education and provider wellness as these topics relate to optimizing compassionate patient care.

In her free time, Dr. Reed enjoys spending time with her husband and son and their menagerie of pets as well as cooking and getting outside in the beautiful Valley of the Sun.



**Richard Rutkowski, MD**  
**Associate Program Director**

Dr. Rutkowski rejoined the faculty of HonorHealth Family Medicine Residency in 2013. A native of Illinois, he graduated with honors from the College of the University of Chicago, received his MD degree from the University of Chicago Pritzker School of Medicine, and completed a family medicine residency at Hinsdale Hospital in Illinois, where he served as chief resident.

Dr. Rutkowski practiced in the Chicago suburbs and also was involved in resident education before moving to Arizona in 2001. He provided direct patient care and taught medical students and resident physicians at HonorHealth from 2001 to 2009.

For the next four years, Dr. Rutkowski was a Senior Associate Consultant in the Department of Family Medicine at Mayo Clinic - Arizona and an instructor at Mayo Medical School. He is a Clinical Assistant Professor of Family, Community and Preventive Medicine as well as a member of the Doctoring Faculty at University of Arizona College of Medicine - Phoenix and is board-certified by the American Board of Family Medicine.

In June 2013, Dr. Rutkowski returned to HonorHealth. His medical interests include preventive medicine, office procedures, patient education, and the business aspects of medical practice. Dr. Rutkowski also serves as a medicolegal consultant for the defense in professional liability litigation and is an active volunteer in several community organizations. He is widowed and has two adult children.



**Alethea Turner, DO, FAAFP**  
**Associate Program Director**

Dr. Alethea Turner is a Board-Certified Family Physician who was raised in Arizona. She graduated from the University of Arizona earning a Bachelor of Science in Physiology and minors in Chemistry and Journalism. Dr. Turner completed her Family Medicine residency at HonorHealth in 2012, where she served as Chief Resident and won multiple awards.

After completing residency, Dr. Turner worked in a primary care group practice where she provided a wide spectrum of care to her patients. In 2017 she returned to HonorHealth and the Family Medicine Residency program as an Associate Director.

Dr. Turner has since completed a Faculty Development Fellowship through the University of Arizona and has earned the Degree of Fellow from the American Academy of Family Physicians. She also completed a fellowship through the National Institute of Program Director Development to continue to advance her skills in medical education and leadership.

Dr. Turner's interests include preventive medicine, population health, physician wellness, and reducing disparities in healthcare. Dr. Turner also has an enthusiasm for medical journalism and the promotion of evidence-based medicine and health equity. She is devoted to making healthcare more inclusive and believes that this starts with education and embracing diversity. Dr. Turner's scholarly pursuits and leadership in Diversity, Equity, and Inclusion have earned her national and local recognition.

Dr. Turner is married and has one child. She enjoys travel, music, dance, and design. Outside of work, she is happiest spending time with her family and friends.

## FAMILY MEDICINE RESIDENCY PROGRAM

### PROGRAM COORDINATORS

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**David Moreno**  
**Family Medicine Program Coordinator**

David Moreno is our full-time Program Coordinator. David earned his Bachelor's Degree in Business from the W.P. Carey School of Business at Arizona State University and is currently working towards his Master's in Business Administration. He previously worked with Banner Health for 5 years, where he was most recently a coordinator for the Orthopaedic Surgery Residency Program, and for both the Hand Surgery and Orthopaedic Sports Medicine Fellowships. In his role as Family Medicine Program Coordinator, David utilizes his multiple skills to provide administrative support to our faculty and residents, oversee recruitment of new residents, manage new resident onboarding and orientation, and to provide oversight of the numerous schedules and administrative tasks within the residency program.

David is dedicated to making a positive impact on our program and is committed to serving others. In his spare time, he enjoys spending time with his new wife, family, and friends, traveling, and enjoying the beautiful Arizona outdoors.



**Raquel Dominguez**  
**Family Medicine Program Coordinator**

Raquel Dominguez is a dedicated part-time Program Coordinator for the Family Residency Program. She also supports the newly ACGME-accredited Gastroenterology fellowship and the Department of Academic Affairs.

With a Master's in Business Administration specializing in healthcare management from Capella University, Raquel brings valuable expertise from her experience in public and non-profit organizations. Her commitment to professional growth allows her to contribute meaningfully to Graduate Medical Education. Outside of work, she enjoys exploring new places through travel and cherishing quality time with loved ones.