

# FAMILY MEDICINE RESIDENCY PROGRAM

## Residents

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### 3<sup>rd</sup> Year

Class of 2025



#### **Allison DeHart-Marsh, DO**

Hometown: Cupertino, CA

Medical School: William Carey University College of Osteopathic Medicine

#### **Passions in Family Medicine – why do you love the specialty?**

I love the specialty because you get to treat patients potentially for their whole life. You also get to create relationships that other specialties don't get to create.

#### **Hobbies outside of residency:**

I love to cook and bake. I also enjoy spending time outdoors with my husband, stepson, and dog Zoey!

#### **Why HonorHealth?**

I was lucky enough to rotate at HonorHealth during my fourth year of medical school. During my time here I felt welcomed and supported by all the residents, faculty, and staff. I was impressed by the learning environment and really felt a strong sense of community between everybody.

#### **Fun Fact about living in Scottsdale/Arizona:**

Scottsdale is a food paradise! There are a ton of amazing restaurants to try.



#### **Sunil Kataria, DO**

Hometown: Phoenix, AZ

Medical School: Burrell College of Osteopathic Medicine

#### **Passions in Family Medicine – why do you love the specialty?**

What I love most about Family Medicine is the get-up-and-go nature of the people it attracts. Having such a wide breadth of knowledge under my belt means I could be a service wherever I go, whether in a hospital here or a mission trip abroad. Furthermore, being that we are the type of physician a person sees most, we are in an opportune position to address social determinants of health. I strive to be a provider that patients feel comfortable sharing whatever their issues and concerns are with, so that I can lend a helping hand.

#### **Hobbies outside of residency:**

Cycling, graphic design, watercolor painting, movie-watching, traveling

#### **Why HonorHealth?**

The privilege to train with HonorHealth will push me to learn and grow as a competent and caring physician. From the strong inpatient service, a focus on the underserved, and a beautiful location, there is much to offer. Furthermore, the opportunity to train amongst physicians I looked up to when I was an ED scribe with HonorHealth is very special.

#### **Fun Fact about living in Scottsdale/Arizona:**

In 2017 Vogue magazine stated Phoenix is poised to be the coffee capital of the Southwest. Whether you're looking for something chic and modern, or something homey and cozy, there is no shortage of excellent cafes to visit.



## Aaron Kubinski, DO – Chief Resident

Hometown: Albuquerque, NM

Medical School: Medical School: Arizona College of Osteopathic Medicine – Midwestern

### Passions in Family Medicine – why do you love the specialty?

I'm passionate about being able to take care of patients at all stages of life. I love the continuity that can be seen with patients in family medicine and the relationship that are built over the years. I'm also passionate about guiding patients towards long-term health prevention strategies to help them live their healthiest life possible.

### Hobbies outside of residency:

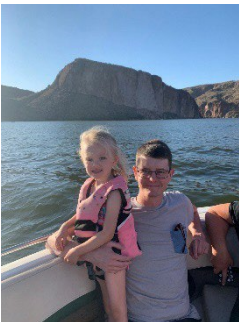
Golfing, Basketball, Skiing, Cooking

### Why HonorHealth?

I chose HonorHealth because I wanted a program that not only prepared me for any scope of practice after residency, but also have a true “family” feel. After my interview, I felt confident that HonorHealth could provide all of that for me and more. Also, since completing medical school in Arizona, I've fallen in love with the state and wanted to stay here for residency and possible future practice.

### Fun Fact about living in Scottsdale/Arizona:

I have self-proclaimed that the Scottsdale/Phoenix area is the Brunch capital of the world. You can find a delicious brunch spot on every corner... and all of them will be packed.



## Michael Schnepf, DO – Chief Resident

Hometown: Mesa, Arizona

Medical School: Campbell University School of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I love the broad scope of family medicine! Any problem your patient presents with you can help them, your day can be as varied as you make it.

### Hobbies outside of residency/How do you spend your time away from work?

I enjoy spending time with my family, hiking, swimming, and boating.

### Why HonorHealth?

I chose this program because it allows me to get everything I was looking for in a residency in strong inpatient medicine, robust addiction medicine, and opportunity to serve underserved populations. On top of that, I get to return to the valley and live nearby family!

### Fun Fact about living in Scottsdale/Arizona that will attract applicants:

The valley has really grown significantly in recent years that brings all the amenities you could ever wish for while still being within easy driving distance to lakes and mountains for just about every outdoor recreational activity you could want!



## Shayan Shiehzadegan, DO

Hometown: Chandler, Arizona

Medical School: Western University of Health Sciences

### Passions in Family Medicine – why do you love the specialty?

I am drawn to family medicine because I get to treat and prevent disease in patients of all ages and in all specialties. The long-term bonds I get to form with my patients is also an important reason why I love family medicine.

### Hobbies outside of residency:

My hobbies include spending time with family and friends, mountain biking, and trying out the many restaurants that the Scottsdale area has to offer!

### Why HonorHealth?

I chose HonorHealth because of the robust training and the people of this program. I knew I would get excellent training in both inpatient and outpatient medicine in a supportive culture.

### Fun Fact about living in Scottsdale/Arizona:

Arizona has a very diverse landscape. Near Scottsdale the landscape is desert. However, just 1- 2 hours north you will find cooler temperatures with pine trees and even snow in the winters!



## Kaleb Ward, DO

Hometown: Idaho Falls, ID

Medical School: Kansas City University College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I have always loved getting to know people and learn more about their lives. Some of my earliest jobs included selling clothes and gym memberships because I always just loved chatting. I knew once I started my family medicine rotation in medical school that this was exactly the type of people family medicine physicians were. They had a passion for learning about their patients and getting to know their stories. I also loved both sports medicine and obstetrics and I figured if I pursued family medicine, I could do both!

### Hobbies outside of residency/How do you spend your time away from work?

My hobbies include a wide array of things from playing video games, to hitting the links and playing pickleball, or just having a barbeque with friends. Recently I've found a new love for Spike ball, such a simple yet incredibly addictive game. Mostly though, I love being able to spend time with my wife, Hayden, and my two kiddos, Knox and Kartney. We also added a new member to our family while in medical school. Her name is Bailey and she's a very loveable and energetic goldendoodle. We love being able to take her to the dog park whenever we have some free time.

### Why HonorHealth?

One of the most intriguing things about HonorHealth was the sense of camaraderie among the residents. Even through a virtual interview with the program, I was able to tell that the residents are not only coworkers, but they're family. I also felt that the unopposed residency allows for residents to truly learn full scope family medicine.

### Fun Fact about living in Scottsdale/Arizona:

With over 120 restaurants and multiple food festivals per year this is a great city for food lovers. Another fun fact is that the city's firetrucks are a brilliant chartreuse instead of the traditional red - can't miss them!



**Caitlin Warlick, DO**

Hometown: Phoenix, AZ

Medical School: A.T. Still – Kirksville College of Osteopathic Medicine

**Passions in Family Medicine – why do you love the specialty?**

I chose family medicine because I love establishing relationships with patients and following them over time. Through building relationships my patients I believe I can help them live healthier lives with a focus on longevity and disease prevention, meaning more time with loved ones.

**Hobbies outside of residency/How do you spend your time away from work?**

I actually did a Sub-I at HonorHealth and fell in love with the attendings, patient diversity, hospital, and residents. I was impressed by the teaching and knew I would finish residency feeling prepared and ready to pursue any of my interests.

**Why HonorHealth?**

I chose HonorHealth for the program’s robust training, the great sense of community and camaraderie amongst everyone, and the family I would get to grow in as a resident. I believe HonorHealth will provide a strong platform to become the well-rounded, empathetic, and diligent physician I aspire to be.

**Fun Fact about living in Scottsdale/Arizona:**

I am biased being a native, but we love it here and don’t have any plans to leave. There are endless things to do, amazing dining and an easy drive to Flagstaff for cooler weather in the summer, Sedona for beautiful views and hiking, or to California to visit the beach.



**Montgomery “Monty” Young, DO**

Hometown: Orange County, California

Medical School: Midwestern University – Arizona College of Osteopathic Medicine

**Passions in Family Medicine – why do you love the specialty?**

I love having the ability to form life-long relationships with our patients and having the opportunity to guide them and their family through their wellness journey.

**Hobbies outside of residency/How do you spend your time away from work?**

Hiking, lifting weights, cooking, traveling, spending time with my fiancé Lisa and my golden retriever Oliver.

**Why HonorHealth?**

I knew I wanted to join the HonorHealth family because of the welcoming and enthusiastic atmosphere they emitted when we first met. I knew they would provide my colleagues and I with first-rate training and the opportunity for personal and professional growth.

**Fun Fact about living in Scottsdale/Arizona:**

Scottsdale has some of the best sporting events, shows, food, and artisan cocktails in Arizona. If you have some free time, take your loved ones (dog included) to the Desert Botanical Garden to see some of the most beautiful cactus, trees, and flowers in Arizona!

## 2<sup>nd</sup> Year Class of 2026



### Christi Eudy, DO

Hometown: Tampa, FL and Apache Junction, AZ

Medical School: Campbell University School of Osteopathic Medicine

#### Passions in Family Medicine – why do you love the specialty?

One of the things that attracted me to family medicine is the broad scope of practice. I've always been drawn towards women's health, but I didn't want to stop there! Family medicine truly allows you to become a jack of all trades and gives you the ability to tailor your practice to suit your passions. In my case, that allows me to practice everything from prenatal care to geriatrics, with a sprinkle of international and wilderness medicine. Additionally, I cherish the patient-physician relationship and enjoy listening and connecting with patients of all ages and walks of life. I get fulfillment from sharing knowledge and educating patients to help them further their goals, both within healthcare and beyond.

#### Hobbies outside of residency:

Knitting, painting, cooking, hiking, traveling – pretty much any kind of craft or anything that takes me outside!

#### Why HonorHealth?

The overall feel I got from the program, faculty, and residents was one of support and wellbeing. I was specifically looking for a program in the Valley that provided this type of culture, was unopposed, and had a robust curriculum that would allow me to focus on my clinical interests – and I found it!

#### Fun Fact about living in Scottsdale/Arizona:

The amount of hiking and happy hour opportunities (AKA views and brews)



### Erin Herbert, DO

Hometown: Ahwatukee, AZ

Medical School: A.T. Still University School of Osteopathic Medicine

#### Passions in Family Medicine – why do you love the specialty?

Some of my clinical interests and passions include health education and disease prevention. I really enjoy the physician-patient relationship that family medicine allows.

#### Hobbies outside of residency/How do you spend your time away from work?

Outside of medicine some of my hobbies include hiking, traveling, and spending time with my family and dog Lulu.

#### Why HonorHealth?

I was motivated to choose HonorHealth because of the robust training and camaraderie of the program. I was fortunate to complete a rotation at HonorHealth and saw firsthand the excellence of the program! Lastly, as a person born and raised in Arizona it was important for me to continue my training in the community that I love and to create even stronger bonds where I hope to practice long-term.

#### Fun Fact about living in Scottsdale/Arizona:

Despite being the desert, Arizona does have water! I love exploring the many lakes and rivers that AZ has to offer.



## Amitis Karrys, DO

Hometown: Albuquerque, NM

Medical School: Arizona College of Osteopathic Medicine – Midwestern

### Passions in Family Medicine – why do you love the specialty?

My passion for family medicine stems from being able to have long-lasting and meaningful relationships with my patients. I love the idea of being able to be someone's physician from the time they are born all throughout their life.

### Hobbies outside of residency

Some of my hobbies include spending time with family and fiancé Jordan, tending to my plant collection, watching hockey, book club, and trying new restaurants.

### Why HonorHealth?

During my time as a sub-I at Honor Health, I felt at home. You can feel the sense of community among the residents, and you can tell the program values their opinions. I was also impressed by how comfortable and confident they were handling many different clinical scenarios.

### Fun Fact about living in Scottsdale/Arizona:

A fun fact about living in Arizona is there are now many great places to enjoy dinner & drinks, as well as the option to drive to Sedona or Flagstaff on weekends to enjoy cooler weather & gorgeous views.



## Oksana Klimenko, DO

Hometown: Seattle, Washington

Medical School: Elson S. Floyd College of Medicine at Washington State University

### Passions in Family Medicine – why do you love the specialty?

I fell in love with Family Medicine for its emphasis on patient relationships and the vast scope of practice. I am particularly interested in procedural and sports medicine.

### Hobbies outside of residency:

Outside of medicine, I love the outdoors, whether it's rollerblading, hiking, paddleboarding, or just going on a walk. I also enjoy painting, cooking, baking, and spending twice the amount on a DIY project rather than just buying the thing at the store.

### Why HonorHealth?

I chose HonorHealth because the faculty really seemed to care about creating an environment where I can pursue my passions. And spending almost my whole life in rainy Seattle, a little Arizona sun is just what I need.

### Fun Fact about living in Scottsdale/Arizona:

I really enjoy the sunshine as well as exploring the nearby restaurants and hikes.



## Yasmine Krunz, DO

Hometown: Tucson, Arizona

Medical School: Arizona College of Osteopathic Medicine – Midwestern

### Passions in Family Medicine – why do you love the specialty?

My passion in medicine and primary care stemmed from working with refugee populations in my hometown. Growing up as an Arab American Muslim in today's climate exposed me to the multitude of healthcare disparities that exist close to me.

### Hobbies outside of residency:

In my free time I like to travel, ski/snowboard, play tennis, work out, and go shopping.

### Why HonorHealth?

What stood out to me about HonorHealth was a mix of the friendly culture but also the excellence that the program promotes. On my sub-I rotation I noticed all the residents operated at a high level with ease, and I realized that that was the type of training I was looking for. I also am from Arizona and wanted to stay in Scottsdale, so location was a big part for me as well.

### Fun Fact about living in Scottsdale/Arizona:

What I like about Scottsdale is the variety of nice restaurants and activities there is to do.



## Kendyl Melton, DO

Hometown: Scottsdale, Arizona

Medical School: Burrell College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I want to practice in full-spectrum care, but have interests in women's health/OB, acute care, and procedures.

### Hobbies outside of residency/How do you spend your time away from work?

When I have free time, I like to relax and read or catch up on television shows/movies, bake, and visit with family and friends.

### Why HonorHealth?

I chose HonorHealth because of the conversations with the residents and faculty during my virtual resident dinner, virtual interview, and in-person second look event. The residents felt well-prepared by the program and the faculty seemed passionate about teaching their residents. As someone who wants to practice full-spectrum family medicine, I appreciate that the residents are unopposed at the main hospital, the many opportunities for electives, and the variety of patients and diseases seen in the hospital and clinic.

### Fun Fact about living in Scottsdale/Arizona:

Fun fact about AZ is that our sports teams have been really good in the last few years (hopefully this doesn't jinx us) and the planet Pluto was discovered up in Flagstaff!



## Scott Mitchell, DO

Hometown: Mesa, AZ

Medical School: Idaho College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

I chose Family Medicine because it is the specialty that encompasses the type of physician I want to be. Family Medicine physicians provide care to patients in all stages of life, have the broadest knowledge in treating numerous diseases, place an emphasis on preventive care, and can form strong, ever-lasting bonds with their patients.

### Hobbies outside of residency/How do you spend your time away from work?

Exercising, playing/watching sports (especially football and basketball), golfing, spending time with family and friends, trying new restaurants and different types of foods!

### Why HonorHealth?

Out of all of my audition rotations in my 4th year of medical school, my rotation with HonorHealth was easily my best experience. All the residents, faculty and staff came across as supportive and caring, while also feeling “real” with each interaction. In addition, HonorHealth is a well-established program that has a track record with helping their residents achieve both residency and post-residency goals!

### Fun Fact about living in Scottsdale/Arizona:

Growing up in Arizona, Scottsdale is known to be a great place to get drinks, food, and scenic hikes, all in one central area. Truly is a great place to be!



## An-Thu (Annie) Nguyen, DO

Hometown: Phoenix, AZ

Medical School: Edward Via College of Osteopathic Medicine-Carolinas

### Passions in Family Medicine – why do you love the specialty?

Throughout third year of medical school, I truly enjoyed every rotation. This paired with strong clinical interests in integrative medicine, preventative medicine, pediatrics, global health, LGBTQ+ health, and wilderness medicine led me to pursue Family Medicine as a specialty.

### Hobbies outside of residency/How do you spend your time away from work?

When not working, I pursue other passions of exploring different cultures, immersing myself in nature, and creating art. My hobbies include hiking, traveling, yoga, cooking and trying new foods, creating content for my Instagram blog, screen-printing t-shirts for my Etsy store, crocheting, petting other people's dogs, and catching up with friends.

### Why HonorHealth?

During my HonorHealth sub-I, I was impressed with how every resident and faculty were kind, competent, and driven to go above and beyond to meet their patients' needs. The true family culture and collaborative support solidified my decision to join the HonorHealth family.

### Fun Fact about living in Scottsdale/Arizona:

I'm a native Arizonan, lived in the East valley and Tucson, and have yet to see a javelina or rattle snake in real life. BUT they truly are out there and should be heeded with caution!



## 1<sup>st</sup> Year Class of 2027



### **Evan Grossman, DO**

Hometown: Corona, California

Medical School: University of the Incarnate Word School of Osteopathic Medicine

#### **Passions in Family Medicine – why do you love the specialty?**

My clinical interests include sports medicine, lifestyle medicine, and integrative medicine.

#### **Hobbies outside of residency:**

Outside of my professional life, I enjoy lifting weights, playing volleyball, hiking, and exploring new restaurants.

#### **Why HonorHealth?**

I find great fulfillment in empowering patients to take a proactive role in their health through education and support, helping them make the best decisions for their well-being. I chose HonorHealth because I sought a program that would not only prepare me to be a proficient physician but also train me to build strong bonds with my patients, enabling me to help them live their healthiest lives.

#### **Fun Fact about living in Scottsdale/Arizona:**

I just recently moved to AZ. I never knew that I needed Salad n Go in my life, but I'm glad it's here!



### **Brayden Jolley, MD**

Hometown:

Medical School: Tulane University School of Medicine

#### **Passions in Family Medicine – why do you love the specialty?**

My clinical interests span sports medicine, integrative and functional medicine, biomechanics, and kinesiology-based approaches.

#### **Hobbies outside of residency/How do you spend your time away from work?**

Outside of medicine, I enjoy running, road and mountain biking, hiking, and camping. These activities reflect my commitment to an active lifestyle and holistic health practices. My passion lies in family, faith, building meaningful relationships, and helping individuals achieve their health and fitness goals.

#### **Why HonorHealth?**

I chose HonorHealth for my residency because of their strong commitment to resident education and support. The program stood out to me for its genuine focus on resident learning and professional development.

#### **Fun Fact about living in Scottsdale/Arizona:**

Lots of sun.

## Kathleen Keung, DO

Hometown: Fairfield, California

Medical School: Arizona College of Osteopathic Medicine – Midwestern



### Passions in Family Medicine – why do you love the specialty?

I love family medicine because we have the unique and humble position to know our patients beyond their diseases. I've seen how a trusting relationship with your physician can have a positive impact. I care about people and hope to partner with my patients to find the best route in their healthcare journey. Because to me, life is like holiday wrapping paper; you might get a little wrinkly on your way there, but you'll always make someone smile no matter how you show up. (You can tell that I'm not very good at wrapping presents...) Let's just keep putting our best foot forward through all the bumps on the road.

### Hobbies outside of residency

Squeezing/admiring fluffy animals, endurance running (when my knee doesn't act up, always take care of your joints!), drawing and digital art, baking, traveling, eating good food, and talking about eating good food.

### Why HonorHealth?

Stood out the most about HonorHealth: I felt safe to be completely and unapologetically myself at HonorHealth. The faculty, residents, and staff are kind and warm. I knew that it would be a great place to learn and grow.

### Fun Fact about living in Scottsdale/Arizona:

Arizona sunsets are one of a kind with painted pinks, blues and oranges. I moved here from California thinking there was no good food or boba, but there are tons of hidden jewels and I would miss my favorite places here if I ever moved away. Everything is more affordable, but I know that's all relative. Also, Arizona gyms have really GREAT AC and ventilation making workouts comfortable. Yes, it matters.

## Kevin Ly, DO

Hometown: Westminster, California

Medical School: Arizona College of Osteopathic Medicine – Midwestern



### Passions in Family Medicine – why do you love the specialty?

My clinical interests are rooted in preventative medicine (diet/exercise/screenings) and building relationships with my future patients.

### Hobbies outside of residency:

Outside of my professional pursuits, one of my hobbies is maintaining my saltwater fish tank. I often joke that my goal in life is to become a physician just so I can have a beautiful fish tank in the waiting room, which isn't far from the truth I enjoy playing basketball, video games, cooking, and traveling. My greatest passion in life is to become a father and start a family.

### Why HonorHealth?

What stood out most about HonorHealth's Family Medicine residency program were the residents and staff. Since my third year of medical school, I have worked with the residents at HonorHealth and it has always been a great experience. I remember being so impressed with the residents, finding at least one quality in each of them that I wanted to emulate. Their dedication and camaraderie made it clear that this program fosters a supportive and collaborative environment. Additionally, the training offered by HonorHealth perfectly aligns with my career aspirations and personal values.

### Fun Fact about living in Scottsdale/Arizona:

There are many hikes and outdoor activities to do in the area. I also enjoy discovering new restaurants in the area, particularly Asian food.

## Taylor Nelson, DO

Hometown: St. George, UT

Medical School: Rocky Vista University College of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

My clinical interests lie in functional medicine and leveraging the body's natural processes to heal by providing the right fuel through whole foods, exercise, sleep, and healthy relationships. My passion both in and out of medical settings is to help people around me fulfill their potential and live their best lives.

### Hobbies outside of residency

Outside of medicine, I enjoy mountain and road biking, playing music, golf, and being outdoors. I share my life with a beautiful wife and 3 kids, who love splash pads and parks with slides!

### Why HonorHealth?

I thrive in environments with strong organizational structure, goal setting, and focus on personal development objectives, which is why I ranked HonorHealth high on my list of residency programs, and was ecstatic to learn that I matched here.

### Fun Fact about living in Scottsdale/Arizona:

There is so much to do outdoors in this area from hiking, golfing, pickle-balling, to biking. Is it hot in the summer? Yes. Is it absolutely perfect weather for the other 9-10 months of the year? Definitely! This is terrible place for vitamin-D lovers!

## Rosemary Opara, DO

Hometown:

Medical School: A.T. Still University-School of Osteopathic Medicine

### Passions in Family Medicine – why do you love the specialty?

With a lifelong commitment to patient care, my clinical interests include addiction medicine, diabetes management, and preventative care.

### Hobbies outside of residency:

My hobbies include traveling, cooking, and decorating. I am passionate about my family and community. I am also a dedicated wife and mother of three boys.

### Why HonorHealth?

What stood out to me about the HonorHealth Family Medicine Residency was its strong reputation for training world-class Family Medicine physicians. I was also drawn to the warmth and camaraderie among the residents, and most importantly, the attending physicians are approachable and deeply committed to teaching, with an emphasis on mentorship.

### Fun Fact about living in Scottsdale/Arizona:

What I enjoy about Scottsdale: the culinary culture, arts, shopping, and entertainment.





## Victoria Snapp, DO

Hometown: Tucson, Arizona

Medical School: Arizona College of Osteopathic Medicine – Midwestern

### Passions in Family Medicine – why do you love the specialty?

In the scope of family medicine, I have interests in preventative medicine, sports medicine, and rural medicine.

### Hobbies outside of residency

Outside of healthcare, I enjoy long distance running, dance, hiking, and practicing yoga. I have been dancing since I was 3 years old and had the opportunity to teach a variety of styles all over the Tucson area prior to starting medical school. I also enjoy learning about history and listening to a variety of history related podcasts on my runs.

### Why HonorHealth?

There were many things about HonorHealth that appealed to me as an applicant. I completed both my general surgery rotation and surgical ICU rotation through HonorHealth and very much enjoyed my experiences. I got to see first-hand how attentive they are to evidence based medicine. The staff I worked with was excellent and staying in Arizona was high on my priority list. This FM program and HonorHealth as a hospital system stood out as a place where I could see myself growing into the physician I strive to be.

### Fun Fact about living in Scottsdale/Arizona:

Scottsdale has a lot to offer. Everything from hiking opportunities in all directions (Papago, McDowell Mountain, Superstition Mountains, North Mountain, and South Mountain) great running paths, good food and lots of fun social opportunities. If anything, there are too many options to choose from when I have a free weekend. My next goal is to Kayak down Tempe town late.



## Ana Suarez-Venot, DO

Hometown: Phoenix, AZ

Medical School: Arizona College of Osteopathic Medicine – Midwestern

### Passions in Family Medicine – why do you love the specialty?

My passion lies in ensuring equitable healthcare access for underserved populations, particularly people of color. I integrate holistic approaches that recognize the interconnectedness of body, mind, and spirit into my patient care philosophy.

### Hobbies outside of residency:

Beyond my clinical pursuits, I cultivate a diverse range of interests, including yoga, Pilates, boxing, nurturing houseplants, attending live music events, and exploring various forms of art.

### Why HonorHealth?

My decision to join HonorHealth was strongly influenced by the program's welcoming and supportive environment, characterized by friendly interactions with nurses and patient care services. Additionally, the opportunity for robust inpatient training at HonorHealth aligned perfectly with my career goals and desire to continuously develop my skills as a physician. I am eager to contribute my expertise and compassion to the community served by HonorHealth, striving to make a meaningful impact on patient health and well-being.

### Fun Fact about living in Scottsdale/Arizona:

I'm a big foodie, so my favorite part of Scottsdale is the wide variety of restaurants - from street style to high end!



## **Rachael Zehnder, DO**

Hometown: Westminster, Colorado

Medical School: Rocky Vista University College of Osteopathic Medicine

### **Passions in Family Medicine – why do you love the specialty?**

Like many in the field of family medicine, I have a broad set of clinical interests including global medicine, hospital medicine, primary care, and osteopathic medicine. I am particularly passionate about providing care to diverse populations and people among the LGBTQ+ community.

### **Hobbies outside of residency**

Outside of healthcare, my passions include everything outdoors, cooking, spoiling my cat, singing karaoke (albeit poorly), and dominating family and friends in board games.

### **Why HonorHealth?**

What stood out the most about HonorHealth and ultimately motivated me to choose this program was its dedication to providing a well-rounded education and commitment to serving a diverse patient population. HonorHealth fosters a collaborative learning environment that aligns perfectly with my values and professional aspirations. Additionally, the vibrant and supportive community at HonorHealth offers an ideal setting for my continued growth as a physician.

### **Fun Fact about living in Scottsdale/Arizona:**

Living in Phoenix is great because there is plenty of good food, hikes, and outdoor water activities. I love walking in the morning or nights.